

# HIMACHAL INSTITUTE OF DENTAL SCIENCES

## PAONTA SAHIB, SIRMAUR (HP)

40km from Dehradun

Recognized by Govt. of India/Dental Council of India  
Affiliated to (Govt.) Atal Medical & Research University,  
Himachal Pradesh



**ACADEMIC**

**SESSION**

**2025-26**

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Address: Rampur Ghat Road, Paonta Sahib, Dist. Sirmour,  
173025 (H.P)



PAONTA SAHIB, DISTT. SIRMAUR, 173025, HIMACHAL PRADESH

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## INTRODUCTION

Himachal Institute of Dental Sciences, Paonta Sahib was established in 2003 under the aegis of the Dr. Puran Chand Medical Charitable Trust with an initial intake of 100 seats for the BDS course. The institute received approval from the Government of Himachal Pradesh,



the Dental Council of India, and the Government of India. In 2008, it was officially recognized by the Ministry of Health & Family Welfare, Government of India, vide letter No. V-12017/6/2001-DE dated 26.06.2008.

The institute is affiliated with the Government-run Atal Medical & Research University, Himachal Pradesh. Currently, it

offers postgraduate (MDS) programs in seven specialities with an intake capacity of 29 seats, in addition to diploma programs in Dental Mechanics (DM) and Dental Hygienists (DH), each with 10 seats.

We take immense pride in the achievements of our alumni — over 1500 BDS and 200 MDS graduates — who have excelled in their respective fields. Many are successfully practicing dentistry, serving in the Indian Armed Forces and State Services, or running their own clinics. A significant number of our graduates have also secured admissions to prestigious postgraduate programs abroad, including in the USA, UK, Canada, Australia, and Switzerland.

## WHY CHOOSE HIDS

- 100% ragging-free campus with a safe and inclusive environment.
- The largest dental college in Himachal Pradesh.
- Highest OPD in the region, ensuring students gain extensive hands-on clinical experience.
- Dedicated patient quota during internships for enriched learning.
- Strong student-faculty rapport fostering academic and personal growth.
- Fully air-conditioned digital classrooms for enhanced learning.
- Advanced pre-clinical and clinical laboratories equipped with the latest technology.
- Specialized Centre for Oral Implantology featuring multiple implant systems.
- Comprehensive training programs, including Continuing Dental Education (CDE) sessions across various specialities.
- Highest number of implants placed by postgraduate students in the region.
- Located in Paonta Sahib – a peaceful, pollution-free town with an extremely low crime rate, ideal for academic pursuits.
- Beautiful, lush green campus offering a serene learning environment.
- Full-fledged sports facilities: football field, basketball and badminton courts, and fully equipped gyms (separate for boys and girls).
- 24/7 medical care with ambulance services, campus-wide Wi-Fi, CCTV surveillance, and security guards.
- Round-the-clock electricity and water supply in hostels.
- On-campus amenities including multiple cafeterias, salon, laundry, and boutique services.



## COURSES

- A. Bachelor in Dental Surgery (BDS)
- B. Master in Dental Surgery (MDS)
- C. Dental Hygienist Course
- D. Dental Mechanic Diploma Course

- A. **Bachelor of Dental Surgery (BDS)** (intake capacity: 100 seats) degree is awarded upon the successful completion of four years of study and one year of internship.

The course comprises didactic lectures, demonstrations, group discussions, seminars, clinical work and conferences.

The aim and objective of the curriculum is to produce a dentist who is socially acceptable and is able to work safely and effectively with patients in the diagnosis, prevention and treatment of dental and oral disease.

- B. **Master in Dental Surgery (MDS)** is a post graduate course of three year duration (intake capacity: 29 seats) :

- 1) M.D.S – Conservative Dentistry & Endodontics (5 Seats)
- 2) M.D.S - Oral & Maxillofacial Surgery (3 Seats)
- 3) M.D.S – Periodontics (5 Seats)
- 4) M.D.S – Orthodontics (5 Seats)
- 5) M.D.S - Prosthodontics (5 Seats)
- 6) M.D.S – Oral & Maxillofacial Pathology (3 Seats)
- 7) M.D.S – Pedodontics (3 Seats)

- C. Dental Hygienist Course is a two-year Diploma course (intake capacity:10)
- D. Dental Mechanic Course is a two-year Diploma course (intake capacity:10)

## DISTRIBUTION OF SEATS

### A. Bachelor of Dental Surgery (BDS)

**Himachali students Quota: 50%**

Group A – (Reserved = 21 seats)

| S. No. | Category                  | No. of Seats |
|--------|---------------------------|--------------|
| 1      | Schedule Castes           | 7            |
| 2      | Schedule Tribes           | 4            |
| 3      | Other Backward Classes    | 6            |
| 4      | Children of Ex-serviceman | 1            |
| 5      | Ward of freedom fighter   | 1            |
| 6      | Physically Handicapped    | 1            |
| 7      | Ch. of Defense P.         | 1            |

Group B – (Unreserved/General = 29 seats)

|   |         |    |
|---|---------|----|
| 1 | General | 29 |
|---|---------|----|

**Non Himachali students Quota: 35%**

**NRI students : 15%**

|   |                        |    |
|---|------------------------|----|
| 1 | General/Unreserved     | 22 |
| 2 | Schedule Castes        | 5  |
| 3 | Schedule Tribes        | 3  |
| 4 | Other Backward Classes | 4  |
| 5 | Physically Handicapped | 1  |
| 6 | NRI seats              | 15 |

### B. Master in Dental Surgery (MDS)

- Total No. of seats = 29
- 50% seats are reserved for State Quota and rest for Management Quota (*For specialty wise distribution details please visit [www.hids.ac.in/mds](http://www.hids.ac.in/mds)*)

## ELIGIBILITY CRITERIA

### A. Bachelor of Dental Surgery (BDS)- He/She has duly qualified following Examinations:

- 10+2 with Physics, Chemistry and Biology with minimum 50% (40% for SC/ST/OBC).
- Must be qualified in NEET UG 2024 examination.
- Minimum Age 17 years at the time of admission or complete the age on or before 31st December of the year of admission.

### B. Master in Dental Surgery (MDS)

- Possess BDS degree from a college and university recognized by the Dental Council of India, New Delhi. Internship should be completed before conducting of 1st round of counselling.
- Must be qualified in NEET –MDS 2024 examination
- Candidate should be registered with either the Dental council of India or any of the State Dental Council in India.

### C. Dental Hygienist Course

- 10+2 /Higher Secondary/12<sup>th</sup> from University/Board established by Law in India with Physics, Chemistry and Biology subjects.

### D. Dental Mechanic Course

- 10+2 /Higher Secondary/12<sup>th</sup> from University/Board established by Law in



## ADMISSION PROCEDURE

### I. Pre-Registration:

Prospective students can pre-register through our official website at [www.hids.ac.in](http://www.hids.ac.in) or by submitting the required documents via email to [info@hids.ac.in](mailto:info@hids.ac.in)

### II. Token Amount for Seat Booking:

A token amount of ₹25,000 is required to pre-book a seat. This amount will be **adjusted against the tuition fee** at the time of admission and is **not an additional charge**.

### III. Document Verification and Approval:

Admission is subject to verification of submitted documents and final approval by the **Atal Medical & Research University (AMRU)**. *No extra charges or hidden fees* will be levied for seat pre-registration. **Scholarships are available** for eligible candidates.

### IV. Centralized Counselling:

All admissions will be conducted through **centralized counselling organized by AMRU**. For students who have pre-booked their seats with the institute, the counselling process will be coordinated by the college to ensure a smooth admission experience.

## REQUIRED DOCUMENTS FOR BDS ADMISSION 2025-26

- I. NEET-2025 admit card
- II. NEET-2025 Scorecard
- III. Photo ID (Aadhar Card/PAN Card/ DL)
- IV. Proof of Date of Birth (10th/ Birth Certificate)
- V. Proof of Address
- VI. 10th pass certificate
- VII. 12th marks certificate
- VIII. Domicile Certificate (for Himachali students only)
- IX. Proof of category latest (if applicable)
- X. Photograph full face without mask/cover
- XI. Signature



### EXTRA CURRICULAR ACTIVITIES

At HIDS, we believe in the holistic development of our students beyond academics. Students actively participate in a variety of extra-curricular activities, including sports, dramatics, excursions, and academic seminars held at various institutions across the country.

The annual Sports Week is celebrated with great enthusiasm, offering a vibrant platform for students to showcase their athletic abilities. The Freshers' Party provides a warm welcome to first-year students, featuring an introduction to faculty and senior students, followed by a lively cultural evening.

Our Annual Day Celebration is a grand event recognizing and awarding students for excellence in academics, sports, and cultural pursuits, reflecting the dynamic and well-rounded spirit of our campus community.



## HOSTEL AND MESS

HOSTEL AND MESS

## Boys &amp; Girls

- All hostels are situated within the college campus.
- Adequate numbers of single, twin and triple-sharing rooms are available.
- The facility of ACs is available.
- Separate hostel for 1st-year students.
- High-Speed Internet facility through Wi-Fi connectivity.
- Refrigerator and Microwave oven for each floor of the hostel buildings.
- Hostel wardens along with an assistant are available (24x7) for each hostel.
- The mess has a centralized air cooling system facility.
- High-quality meals with breakfast, lunch, evening tea with snacks and dinner.
- Different menu for each day meal and changes as demanded by the students; food committee

OFFICIAL CONTACTS/LINK

- Contact for Admissions: 9729426687, 9816048155,  
7056647397, 7018170701, 7560020009
- Website : www.hids.ac.in
- Email id : info@hids.ac.in
- YouTube : https://www.youtube.com/user/hidsps
- Facebook : https://www.facebook.com/hidspaonta
- Instagram : https://www.instagram.com/hidspaonta/

College Bank Account Details



Name of Bank: ICICI Bank  
Branch: Paonta Sahib, (H.P.)  
Account No.: 1407 0500 0828  
Account Name: Himachal Institute of Dental Sciences  
IFSC Code: ICIC0001407



Name of Bank: State Bank of India  
Branch: Paonta Sahib, (H.P.)  
Account No.: 34236181917  
Account Name: Himachal Institute of Dental Sciences  
IFSC Code: SBIN0001755

For other online options: <https://www.hids.ac.in/bank-accounts>

