HIMACHAL INSTITUE OF DENTAL SCIENCES PAONTA SAHIB, SIRMAUR (HP) 40km from Dehradun



Contact: 97294-26687, 98160-48155, 70566-47397, 70181-70701

Website: www.hids.ac.in

Email: info@hids.ac.in

Address: Paonta Sahib, Dist. Sirmour, 173025 (H.P)

PAONTA SAHIB, DISTT. SIRMOUR, 173025, HIMACHAL PRADESH

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INTRODUCTION

Himachal Institute of Dental Sciences, Paonta Sahib was started in the year 2003 under the auspices of Dr. Puran Chand Medical Charitable Trust for BDS course with an intake capacity of 100 seats with the approval of Govt. of Himachal Pradesh, Dental Council of India and Govt. of India. In the year 2008 college was recognized by Govt. of India, Ministry of Health & Family Welfare vide its letter No. V-12017/6/2001-DE dated 26.06.2008. This Institute is affiliated with Govt. Atal Medical & Research University Himachal Pradesh. At present, Institute is also running postgraduate courses (MDS) in 7 different specialities with an intake capacity of 29 seats. Institute is also running Diploma courses in Dental Mechanics (DM) and Dental Hygienists (DH) with an intake capacity of 10 seats in each course.

It is with great pride that our more than 1500+ BDS and 200+ MDS have been successful in their profession. They all are now well settled in their life, a few of our former students have joined Army, State Services and also running their clinics successfully. A good number of our pass outs have been able to secure admission in the graduate programs abroad such as the USA, Australia, Canada, UK, Switzerland etc.



WHY CHOOSE HIDS

- 100% ragging-free Institute.
- ❖ Biggest Dental College in Himachal Pradesh.
- Highest OPD in the area, therefore students get hands-on experience on different types of dental cases.
- ❖ Dedicated patient quota during the internship.
- Interactive and healthy bonding between students and faculty members.
- Fully Air Conditioned Digital Class Rooms.
- Fully Pre-Clinical/Clinical equipped Laboratories with the latest technology.
- Dedicated centre for Oral Implantology equipped with multiple implant systems.
- Training for Under Graduate/Post Graduate students in another department speciality with 'CDE' Programs.
- Highest numbers of implants installed by the Post Graduates students in the region.
- Paonta Sahib is peaceful, non-polluted and has zero crime rate, which is suitable for education purposes.
- Lush Green Campus.
- In-campus football field, Basketball, badminton court, GYM Facilities (separates for Boys and Girls).
- ❖ 24x7 Medical facilities with ambulance and security (CCTV and Guards) Fully Wi-Fi enabled campus.
- ❖ 24x7 Electricity and Water supply in hostels
- In Campus multiple cafeterias, salon, laundry and boutique.









COURSES

- A. Bachelor in Dental Surgery (BDS)
- **B.** Master in Dental Surgery (MDS)
- C. Dental Hygienist Course
- **D.** Dental Mechanic Diploma Course
- A. **Bachelor of Dental Surgery (BDS)** (<u>intake capacity</u>: <u>100 seats</u>) degree is awarded upon the successful completion of four years of study and one year of internship.

The course comprises didactic lectures, demonstrations, group discussions, seminars, clinical work and conferences.

The aim and objective of the curriculum is to produce a dentist who is socially acceptable and is able to work safely and effectively with patients in the diagnosis, prevention and treatment of dental and oral disease.

- **B.** Master in Dental Surgery (MDS) is a post graduate course of three year duration (intake capacity: 29 seats):
 - 1) M.D.S Conservative Dentistry & Endodontics (5 Seats)
 - 2) M.D.S Oral & Maxillofacial Surgery (3 Seats)
 - 3) M.D.S Periodontics (5 Seats)
 - 4) M.D.S Orthodontics (5 Seats)
 - **5)** M.D.S Prosthodontics (5 Seats)
 - 6) M.D.S Oral & Maxillofacial Pathology (3 Seats)
 - **7)** M.D.S Pedodontics (3 Seats)
- **c.** Dental Hygienist Course is a two-year Diploma course (intake capacity:10)
- **D.** Dental Mechanic Course is a two-year Diploma course (intake capacity:10)

DISTRIBUTION OF SEATS

A. Bachelor of Dental Surgery (BDS) **Himachali students Quota: 50%**

Group A - (Reserved = 21 seats)

S. No.	Category	No. of Seats
1	Schedule Castes	7
2	Schedule Tribes	4
3	Other Backward Classes	6
4	Children of Ex-serviceman	1
5	Ward of freedom fighter	1
6	Physically Handicapped	1
7	Ch. of Defense P.	1

Group B – (Unreserved/General = 29 seats)

1	General	29
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Non Himachali students Quota: 35%

NRI students: 15%

1	General/Unreserved	22		
2	Schedule Castes	5		
3	Schedule Tribes	3		
4	Other Backward Classes	4		
5	Physically Handicapped	1		
6	NRI seats	15		

B. Master in Dental Surgery (MDS)

- Total No. of seats = 29
- 50% seats are reserved for State Quota and rest for Management Quota

ELIGIBILITY CRITERIA

- A. Bachelor of Dental Surgery (BDS)- He/She has duly qualified following **Examinations:**
 - 10+2 with Physics, Chemistry and Biology with minimum 50% (40% for SC/ST/OBC).
 - Must be qualified in NEET UG 2023 examination.
 - Minimum Age 17 years at the time of admission or complete the age on or before 31st December of the year of admission.

B. Master in Dental Surgery (MDS)

- Possess BDS degree from a college and university recognized by the Dental Council of India, New Delhi. Internship should be completed before conducting of 1st round of counselling.
- Must be qualified in NEET –MDS 2023 examination
- Candidate should be registered with either the Dental council of India or any of the State Dental Council in India.

C. Dental Hygienist Course

• 10+2 /Higher Secondary/12th from University/Board established by Law in India with Physics, Chemistry and Biology subjects.

D. Dental Mechanic Course

• 10+2 /Higher Secondary/12th from University/Board established by Law in India with Physics, Chemistry and Biology subjects.





ADMISSION PROCEDURE

- I. Pre-registration can be done through our website i.e. www.hids.ac.in or send your documents (mentioned below) via email info@hids.ac.in
- Admission is subject to verification of documents and approval of II. AMRU. NO EXTRA amount/fee will be charged for pre-registration of seat. Scholarships are available.
- III. Centralized counselling will be organized by the AMRU (Atal Medical & Research University). Counselling procedure for the student who booked their seat with the college will be done by the institute.

Required documents for BDS admission 2023-24:

- NEET-2023 admit card
- NEET-2023 Scorecard
- Photo ID (Aadhar Card/PAN Card/DL)
- o Proof of Date of Birth (10th/ Birth Certificate)
- Proof of Address
- 10th pass certificate
- 12th marks certificate
- Domicile Certificate (for himachali students only)
- Proof of category (if applicable)
- Photograph (40kb)
- Signature (20kb)





EXTRA CURRICULAR ACTIVITIES

Students are involved in extracurricular activities such as participation in sports, dramatics and excursions as well participation in conferences/seminars at different places of learning. Sports week is celebrated with great enthusiasm. Freshers' party involves the introduction of newly admitted first-year students to members of staff and seniors followed by a cultural programme. Institute's annual day programme includes prize distribution to outstanding students in their academic, sports and cultural activities.



















HOSTELS & MESS

Institute is providing hostel facilities for boys & girls

- All hostels are situated within the college campus.
- Adequate numbers of single, twin and triple-sharing rooms are available.
- The facility of ACs is available.
- Separate hostel for 1st-year students.
- High-Speed Internet facility through Wi-Fi connectivity.
- Refrigerator and Microwave oven for each floor of the hostel buildings.
- Hostel wardens along with an assistant are available (24x7) for each hostel.

MESS

- The mess has a centralized air cooling system facility.
- High-quality meals with breakfast, lunch, evening tea with snacks and dinner.
- Different menu for each day meal and changes as demanded by the students; food committee.

OFFICIAL CONTACTS/LINK

Contact for Admissions: 9729426687, 9816048155, 7056647397,

7018170701, 7560020009

Website : www.hids.ac.in

Email id : info@hids.ac.in

YouTube : https://www.youtube.com/user/hidsps

Facebook : https://www.facebook.com/hidspaonta

: https://www.instagram.com/hidspaonta/ Instagram

College Bank Account Details



Name of Bank: ICICI Bank Branch: Paonta Sahib, (H.P.) Account No.: 1407 0500 0828

Account Name: Himachal Institute of Dental Sciences

IFSC Code: ICIC0001407



Name of Bank: State Bank of India Branch: Paonta Sahib, (H.P.)

Account Name: Himachal Institute of Dental Sciences

IFSC Code: SBIN0001755

Account No.: 34236181917

For other online options: https://www.hids.ac.in/bank-accounts



